Advocacy Log
Use this log to write about problems or concerns.

Date: _____/_____/_____

What happened?  When did it happen?  Who was involved?
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

Who did you talk to? Where were they from?
Name: __________________________   Name: __________________________
Phone: __________________________   Phone: __________________________
Where from: _____________________   Where from: _____________________

What did you do to solve the problem?
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

What was the outcome? List anything that happened, such as with your health, daily living, or well-being.
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

Has this problem been resolved?
Yes _____   Date solved _____/_____/_____
No _______
If “no”, what do you need to do?
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

Need help? Call CARIE toll-free at 1-800-356-3606. Help is free and confidential.